Javan Copley, Hamline

Week of: 2008-03-03



Hamline University first-year runner **Javan Copley** (Arden Hills, Minn.) broke the Hamline school record in the 200 meter dash on Saturday afternoon at the St. Olaf Qualifier. His time of 22.62 currently ranks second in the MIAC.

Brandon Gleason, Hamline

Week of: 2008-02-25



Hamline University junior **Brandon Gleason** (Mantorville, Minn.) ran 4:14.30 in the mile run at the Snowshoe Open at the University of Minnesota on Friday. His time meets the NCAA Provisional mark and currently ranks him 10th in the NCAA. Brandon's incredible return from last year's season-ending injury continues. His time is not only the fastest in the MIAC this year, but it is the fastest mile run by a MIAC runner since the NCAA switched from the 1500m to the One Mile Run.

Doboul Ruon, St. Olaf

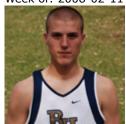
Week of: 2008-02-18



St. Olaf College first-year **Doboul Ruon** (Northfield, Minn.) won the mile at the Tostrud Classic at St. Olaf on Saturday in 4:17.84. It was a personal best in the mile and just off the NCAA provisional standard of 4:16.00.

Dan Greeno, Bethel

Week of: 2008-02-11



Bethel University sophomore **Dan Greeno** (St. Michael, Minn.) broke Dave Borner's school record, running a 8:39.10 in the 3000m on Saturday at the Coca Cola Classic at UW-River Falls. Greeno led from start to finish to record a four second win over teammate Carl Gladitsch.

Michael Sanders, Carleton

Week of: 2008-02-11



Carleton College sophomore **Michael Sanders** (Cedar Falls, Iowa) won the 600-yard dash in 1:14.97 at the Heart of the Meets on Saturday. Sanders finished ahead of teammate Tom Ballinger in the 600y before joining Ballinger on victorious 4x200m and 4x400m relays to help Carleton secure the team title.

Chris deLaubenfels, Gustavus

Week of: 2008-02-04



Gustavus Adolphus College senior **Chris deLaubenfels** (Mount Vernon, Iowa) won the 3000 meter run at the Minnesota State-Mankato Open in 8:46.00 on Friday night. He then came back on Saturday to take second place in the 5000 meters in 15:03.68. Both marks were personal bests.

Brandon Gleason, Hamline

Week of: 2008-01-28



Hamline University junior **Brandon Gleason** (Mantorville, Minn.) returned to action in style with an impressive 8:34.45 in the 3000 Meters at Iowa State on Saturday. It is only fitting that he returned to the track where he achieved an NCAA qualifying mark in the 5000m last February just prior to being involved in a season ending car accident. Brandon was hit by a car on a training run. Gleason's time is tops in the MIAC in what is shaping up to be one the deepest 3000m fields in MIAC history.

David Swanson, St. Olaf

Week of: 2008-01-21



St. Olaf College senior **David Swanson** (Eden Prairie, Minn.) won the 3000 Meters at the Triangular at St. Olaf in 8:40.05. This was a personal best by 17 seconds and ranks #2 on the All-Time 3000 Meter list at St. Olaf. Swanson was an NCAA national qualifier in cross country after receiving All-MIAC and All-Region honors this past fall.

Neil Atzinger, St. Thomas

Week of: 2008-01-14



University of Saint Thomas senior **Neil Atzinger** (Ann Arbor, Mich.), competing at the University of Minnesota's Northwest Open placed third in the mile in 4:18.04, just off the NCAA provisional time of 4:16.00.

Chris Fisette, Saint Mary's

Week of: 2008-03-03



Saint Mary's University junior **Chris Fisette** (Elmhurst, Ill.) was involved in establishing his third school record in two weeks at the Carleton Pre-MIAC meet on Friday. Fisette set a new school record and qualified provisionally for nationals with a Triple Jump victory of 14.08m (46′ 2 1/2"). He also won the Long Jump with a leap of 6.55 m (21′ 6"0. Finally, he anchored the 4x200m Relay to a new school record with a time of 1:31.95. Other members were Josiah Ryks, Eddie Moore and John Kelly. One week earlier, Fisette had established a school record in the 200m running 22.95.

John Schantzen, St. Olaf

Week of: 2008-03-03



St. Olaf College sophomore **John Schantzen** (Stillwater, Minn.) won the shot put at The Qualifier at St. Olaf on Saturday with a personal best, NCAA Provisional Mark of 16.33 (53'-7"). The mark ranks him first in the MIAC and sixth in Division III. The mark also ranks second on St. Olaf's All-Time Shot Put list.

Derek Peterson, Hamline

Week of: 2008-02-25



Hamline University sophomore **Derek Peterson** (Forest Lake, Minn.) hit an NCAA provisional mark in the shot put at the Snowshoe Open at the University of Minnesota on Friday. Peterson's toss of 51' 5" currently ranks 15th in the NCAA. He joins freshman teammate Derall King on the NCAA list. Peterson had personal best throws on five of his six attempts.

Derall King, Hamline

Week of: 2008-02-11



Hamline University first-year **Derall King** (Inver Grove Heights, Minn.) improved his provisional shot put mark Saturday at the Carleton Meet of Hearts to 51' 11" for the win. The mark currently ranks him 10th in the NCAA. King is the only first-year on the national ranking list in the throwing events.

John Schantzen, St. Olaf

Week of: 2008-02-04



St. Olaf College sophomore **John Schantzen** (Stillwater, Minn.) won the Minnesota State-Mankato Open with a MIAC-leading throw of 15.87 meters (52' 0 3/4") in the shot put. This throw surpassed the NCAA Provisional qualifying standard and moved John up to #7 on the National list. Only St. Olaf's Peter Cathcart '06 had a farther throw in the past five indoor campaigns.

John Schantzen, St. Olaf

Week of: 2008-01-28



St. Olaf College sophomore **John Schantzen** (Stillwater, Minn.) narrowly missed an NCAA qualifying mark with a throw of 15.40 meters (50' 6 1/4") in the shot put as he won the event at the Carleton Men's Open on Friday night. This is the second farthest throw in the MIAC this season.

Dusten Olejnicak, Concordia

Week of: 2008-01-28



Concordia College senior **Dusten Olejnicak** (Brainerd, Minn.) leaped to a lifetime best of 6.75 meters (22′ 0 3/4") in the Long Jump at the Cobber Duals this weekend. This was the second consecutive week setting a personal record in the event. This is the best jump in the MIAC this season in the Long Jump.

Derall King, Hamline

Week of: 2008-01-21



Hamline University first-year **Derall King** (Inver Grove Heights, Minn.) hit an NCAA qualifying throw of 15.59 meters (51'4") in the shot put on his very first collegiate throw to win the St. Olaf Triangular. This currently ranks him fifth on the NCAA Division III performance list at this early juncture in the season.

Ryan Doyle, St. Olaf

Week of: 2008-01-21



St. Olaf College junior **Ryan Doyle** (Duluth, Minn.) won the High Jump at the Triangular at St. Olaf in 1.91 meters (6' 3 1/4") a personal best. He also placed second in the 55m Hurdles, fourth in the Long Jump, and ran a leg on St. Olaf's winning 4x400m relay team, helping guide St. Olaf to a team victory.

Derek Marks, St. Thomas

Week of: 2008-01-14



University of Saint Thomas senior **Derek Marks** (Lakeville, Minn.) had an NCAA provisional qualifying mark of 54-8 3/4 in the weight throw good for fourth place in Saturday's season-opening competition at the University of Minnesota Northwest Open.